



www.maspalomaslagocs.com

SENIOR HEALTH CARE AND FITNESS PACKGAGES



CANARY SUNSET
MASPALOMAS LAGO

Comprehensive care offer
in a tropical climate with a **CONCIERGE TYPE** service!

As part of the selected package, we offer our Guest´s its own Consultant,
to which you can turn with a request for support in carrying out everyday matters,
or to organize any activity during your stay.

We speak your language!

A photograph of a woman in a bright blue uniform, likely a caregiver or nurse, assisting an elderly woman. The elderly woman is sitting on a light-colored, textured sofa. The caregiver is leaning over her, possibly helping her with something. The background is a bright, indoor setting with large windows.

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ABOUT COMPANY

We are family Company, having Canary Sunset Maspalomas Lago complex from 2014.

Our offer is to host you in completely renovated bungalow´s resort. We also offer our Guest amazing, outdoor, shared swimming pool. In our proposal you will find everything what you need, to alive an exceptional experiences at Gran Canaria.

Complex was awarded in 2019 as "The best Family, Friendly Apartments" of the year in Spain announced by Travel and Hospitality Awards.



OVERALL

Global society has been aging for a long time. It is estimated that the number of people aged over 50-60 has been growing rapidly in recent years. This means that the population will decline, while the percentage of older people will increase. In the face of such a demographic situation, the elderly will play an even more important educational role, adopt a mentoring attitude and deal with the constant professional activity caused by the subsequent departure for a well-deserved retirement. This state of affairs requires a change in approach to seniors, paying attention to their health and mental situation.

All of us will get old. The only question is at what pace and how? Do you know that our old age begins in childhood and what condition we will be in, depends on how we live today.

As a senior, can you take care of your health? Do you know how to support your body to function properly as long as possible? Are you aware that old age is inevitable for us, but it does not have to be out of order and unpleasant?

Invest in your own health, we will take care of your long-term stay at the Canary Islands. We speak your language, so you don't have to worry about problems in everyday communication. Thanks to the **CONCIERGE** services, you will not have to deal with any problems.

The island offers a favorable climate, over 340 days of sunshine a year, access to all services and medical care at the highest level.

DETAILS

WE OFFER LONG TERM STAYING PACKAGES MONTHLY / ANNUAL

(EXCLUDING SPECIAL OFFERS AND HOLIDAYS)

The price includes:

- Free medical, GP doctor consultation - when purchasing min. one of the paid treatments
- 2 x weekly nursing care
- Selection of a dedicated diet (easily digestible, diabetic, low-cholesterol)
- Daily blood pressure measurement
- 1 partial classic massage
- Transfer airport - facility - airport
- A welcome surprise,
- Unlimited access to the outdoor recreation - rehabilitation pool (including geysers, showers, whirlpools) - unlimited during opening hours from Monday to Sunday
- 2 x weekly Yoga classes with specialized instructors
- Use of Nordic Walking equipment
- 1 x stay guided island tour
- Free parking in front of the complex
- Fully equipped bungalows (terrace with garden furniture and beds, TV, washing machine, fridge, freezer, dishes, cutlery, glass, etc.)
- Ongoing, comprehensive cleaning service
- Internet access

Extra paid services:

- Aesthetic surgery services in a renowned clinic
- Laboratory diagnostics (iron, morphology, ESR, CRP, urine - general examination, creatinine, lipid profile, glycated hemoglobin, ALT / alanine aminotransferase, AST / aspartate aminotransferase, magnesium, sodium, potassium, resting EKG, tonal audiometry, spirometry. Internist - stationary consultation) along with the analysis of the obtained results and the recommendation of actions
- Services of external biological regeneration, rehabilitation and additional relaxation, care and therapeutic massages apart from those mentioned in the standard offer
- Cosmetic and dermatological services, laser therapy
- Cardiological, allergological and psychological advice
- Bicycle rental in the resort
- Other attractions on request (tasting local products, a visit to a vineyard, a visit to a mountain agritourism facility with authentic, pro-ecological products, management of subsequent excursions, boat trip, catamaran, fishing)
- Daily purchase and delivery of food according to a set diet

One year, long term package:

Specify the length and date of your stay, we will prepare an individual offer for you.

The offer is 50 + targeted

¡Hasta pronto en Canarias!

recepcion@maspalomaslagocs.com

Possibility to negotiate the price for a group purchase, minimum

20 people

(in a group it is easier and cheaper!)

Let us provide you
comprehensive care.

SENIOR'S PACKAGES

BENEFITS	PACKAGE
We speak your language - full concierge care for all important matters such as airline tickets, taxis, tours and any other	✓
Free medical, GP doctor consultation - when buying min. one of the paid treatments	✓
Nursing care	✓ / x week
Selection of a dedicated diet (easily digestible, diabetic, low-cholesterol)	✓
Daily purchase and delivery of food according to a set diet	
Daily blood pressure measurement	✓
Classic partial massage	✓ x 2 / week
Classic, full body massage	
Transfer airport - facility - airport	✓
A welcome surprise	✓
Unlimited access to the outdoor recreation / rehabilitation pool (including geysers, showers, whirlpools) - without restrictions during opening hours from Monday to Sunday	✓
Yoga classes with specialized instructors	✓ x 2 / week
Mountain evening with a Canarian-style dinner	
Stay on the golf course and classes with the Instructor	
A boat trip with a tapas treat	
Provision of an electric scooter	
Use of Nordic Walking equipment	✓
Island tour with a Guide	✓ x 1 / stay
Free parking in front of the resort	✓
Fully equipped bungalows (terrace with garden furniture and beds, TV, washing machine, fridge, freezer, dishes, cutlery, glass etc.)	✓
Current, comprehensive cleaning service	✓
Internet access	✓
PACKAGE PRICE / MONTH / ONE PERSON	€ 2 200

NOTE - THE PRICE INCLUDES THE SELECTED PACKAGE FOR ONE PERSON IN THE BUNGALOW.

ASK US ABOUT THE PRICE IN CASE
THE SECOND PERSON IN THE BUNGALOW

OUR RESORT

